

STEP BY STEP THE 46KM CHALLENGE

GUIDE FOR WORKPLACES



PROUDLY SUPPORTING
STEPPING STONE HOUSE

Guide for Workplaces

By signing your workplace up to participate in Step by Step you will promote teamwork, connection, fun and wellbeing, while helping to provide young people experiencing or at risk of homelessness with medium and long-term accommodation, support, and development.

Do it your way

Participants can walk, run, roll, swim, ride or do any movement activity they like to reach the 46kms and it can take a day, a weekend or the whole month. You can create teams and encourage some healthy competition or people can participate individually. It's all up to you!



Some tips to get you started

Nominate an internal Step by Step champion or set up a committee to help drive engagement and keep everyone on track.

Get your Executive or Senior Leadership Team to sign up and lead the way.

Encourage work teams to sign up together and complete their challenge with an activity during lunch or by holding walking meetings.

If you have a lunchtime sports team or running group, get them to sign up as a team.

For people wanting a harder challenge, choose a particular week in May for everyone to complete their 46kms.

Provide company merch such as caps or t-shirts for everyone to wear when they are doing their activity.

Kickstart and boost your fundraising

<p>Spread the word</p>	<p>Social networks are your most valuable fundraising tool. Encourage everyone to use their social networks to share their fundraising link with family, friends and professional networks.</p>
<p>Set milestones</p>	<p>Set fundraising milestones and keep participants motivated with regular updates.</p>
<p>Create prizes</p>	<p>Incentivise teams and individuals with prizes for the highest fundraisers. Something simple like vouchers for a food delivery service or sportswear work well.</p>
<p>Dollar matching</p>	<p>Company dollar matching is a powerful way to boost your fundraising efforts. Whether it's matching your total fundraising amount or nominating a dollar matching day, it's a strong demonstration of your organisation's commitment to supporting its people and the community.</p>
<p>Hold an event</p>	<p>Hold a team or whole company fundraising event. It could be something as simple as a bake sale or breakfast BBQ, or a trivia night with prizes!</p>

Keep motivated and have fun

- Set up an internal communications channel for people to share photos and updates.
- Hold a themed day where everyone completes the challenge in fancy dress (think “Whacky Wednesday” or “Fun Shirt Friday”).
- Ask your CEO or other Executive to send a message of support to everyone participating for a boost to motivation.
- Plan a get together for the end of May to celebrate all your incredible efforts to help support young people at risk or experiencing homelessness.



About Stepping Stone House

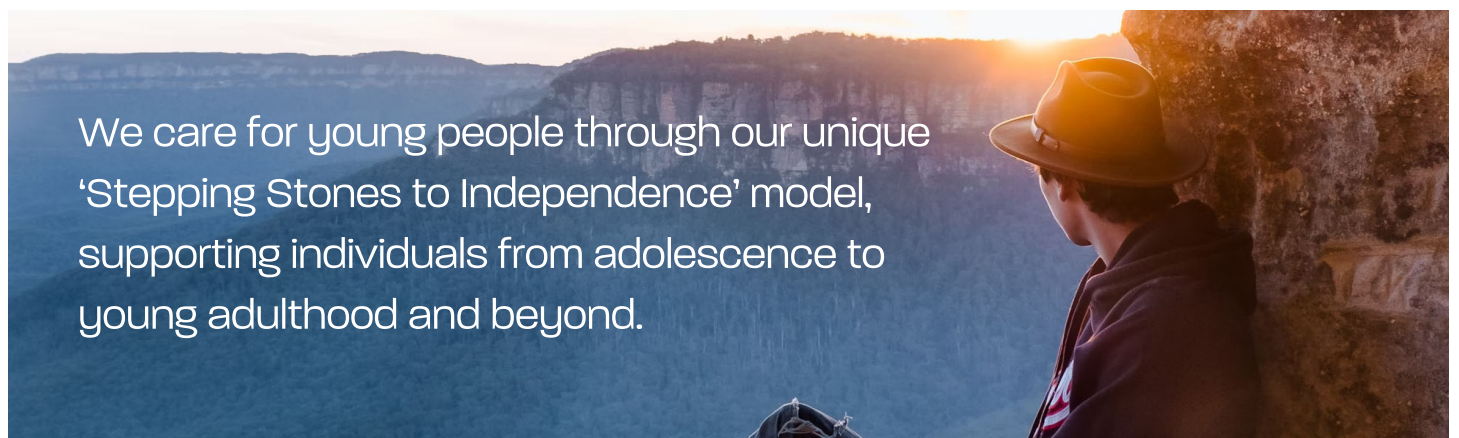
By choosing to participate in Step by Step, you're having an impact on the lives of young people experiencing homelessness. All funds raised for Step by Step: The 46km Challenge go directly to Stepping Stone House.

Who we are

Stepping Stone House provides a safe place for children and young people at risk or experiencing homelessness so they can begin to heal, build resilience, create connections, and become the very best they can be.

What we do

Our mission at Stepping Stone House is to reduce youth homelessness in Australia. We offer young people at risk or experiencing homelessness with long-term housing, case management, and support, while delivering a suite of evidence-based programs to target the key developmental areas of education, employment, life skills, wellbeing, community, and independence.



We care for young people through our unique 'Stepping Stones to Independence' model, supporting individuals from adolescence to young adulthood and beyond.

Our Impact

For more than 30 years Stepping Stone House has provided an inspirational, evidence based and innovative approach to supporting young people aged 12 – 24 years old to achieve independence. Since 1989, we have supported over 500 young people, helping them on their journey to becoming self-sufficient and independent young adults, and making a life-long difference.

Contact us

Want to hear more about Step by Step, or find out how you can connect with Stepping Stone House? Reach out to our team: events@steppingstonehouse.com.au (attn. to Tonya Greer)



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