



# KM TRACKER

Use this guide to keep track of your movement throughout May.

DAY	DISTANCE	TOTAL
1		1.5
2		3.0
3		4.5
4		5.9
5		7.4
6		8.9
7		10.4
8		11.9
9		13.4
10		14.8
11		16.3
12		17.8
13		19.3
14		20.8
15		22.3
16		23.7

DAY	DISTANCE	TOTAL
17		25.2
18		26.7
19		28.2
20		29.7
21		31.2
22		32.6
23		34.1
24		35.6
25		37.1
26		38.6
27		40.1
28		41.5
29		43.0
30		44.5
31		46.0

